

# Broadmea Barn & Stable

www.broadmea.co.uk

Route Ideas for our Guests

## Cycle Trail 1 Ayle & Kirkaugh Loop

(10.5 miles / 17 km)

An enjoyable ride mostly on quiet country lanes. There is a mile section on the A686 main road so extra caution required here and especially on the right hand turn that takes you off the A686.

The ride starts energetically by climbing up to Ayle and the A686. Then it's downhill to the river and along the river valley. One more hill (tough but short) brings you back to Low Row and then for the last two miles it's freewheeling almost all the way.

If extending into Alston it is generally quieter crossing the A686 onto the B6294 and then taking the lane that drops steeply into Alston.

Electric Bike Hire available. Nearest hire point Kirkstyle Inn, Slaggyford 01434 381559. Other hire points in Alston.

